

# A Guide to Preferred Foods for birds

## **Black Oil Sunflower**

All seed eaters including woodpeckers

## **Striped Sunflower**

Cardinals, Grosbeaks, Jays, Chickadees, Titmice, Nuthatches

## **Hulled Sunflower**

All seed eaters, a true gourmet food

## **Safflower**

Cardinals, Titmice, House Finches, Mourning Doves, White Throated Sparrows

## **Thistle (Nylar)**

Finches (Gold, Purple, House and Redpolls), Mourning Doves, White Throated Sparrows

## **Nutmeats(Almonds, Walnuts, Pecans, Filberts, etc.)**

Woodpeckers, Chickadees, Titmice, Nuthatches, Jays

## **White and Red Millet (White is preferred)**

\*Native Sparrows, Game Birds (Not House Sparrows, Pigeons, Blackbirds, Starlings)

## **Canary Seed**

Doves, \*Native Sparrows, Finches

## **Melon Seeds (Cantaloupe, Watermelon, Squash, Pumpkin)**

Chickadees, Titmice, Nuthatches, Jays, Finches, Woodpeckers

## **Whole Corn**

Doves, Jays, Game birds, Crackles, Crows

## **Cracked Corn**

\*Native Sparrows, Game Birds (Not House Sparrows, Pigeons, Blackbirds, Starlings)

## **Milo (Sorghum)**

Game Birds- A poor choice for backyard feeders

## **Raw Peanuts in Shell**

Titmice, Jays, White Throated Sparrows

## **Peanut Pieces**

Titmice, Jays, White Throated Sparrows, Chickadees, Crows, Goldfinches, Juncos, Kinglets, Woodpeckers, Nuthatches

## **Orange halves**

Orioles, Woodpeckers, Yellow Rumped Warblers

## **Suet**

Woodpeckers, Titmice, Chickadees, Nuthatches, Brown Creepers, Kinglets, Carolina Wrens, Yellow Rumped Warblers, Starlings

## **Currants, Soaked Raisins, Grapes, Cherries**

Robins, Bluebirds, Carolina Wrens

## **Mealworm**

All backyard birds except finches, \*Native Sparrows include Song Field, Tree, White Throated, White Crowned Sparrows